

Development Centers, Inc.



2008-2009 Annual Report

A message from the Executive Director . . .

It's hard to believe that another year has come and gone. So much has happened in our State, as an agency and throughout the communities we serve. While there have been some very positive achievements that have taken place, many other tasks have been significantly more challenging. As I reflect back over the past year at Development Centers, I certainly can't ignore these challenges including the effects of our local economic conditions: budget cuts, increased costs and a growing population of community members who need help. However, what I prefer to focus on are the signs of renewed hope that I see each and every day. I am fortunate enough to lead an agency full of devoted staff that continuously look for ways to better serve the families they work with and who come to work each day with the shared purpose of improving the lives of the Consumers we serve. During these difficult times, staff have stayed strong, demonstrated creative problem-solving skills and continuously advocated for the needs of others. This year also marked another milestone as we once again received our three year CARF accreditation award with several acknowledgements of exemplary service. We continue to use our limited resources wisely and that has allowed us to be available when most needed.

I also see this same level of commitment from our friends and supporters outside the agency. This year's fundraiser event brought with it many concerns... Would it be successful? Are we asking too much of others? In true Detroit spirit, when the chips are down, many stepped up to help out. We were amazed at the generosity of our friends and family during these difficult economic times. Local companies continued to provide sponsorship for the event, donations came in for the auction, and people purchased tickets. This year's event was more successful than we could have anticipated; demonstrating once again that the belief in our mission and the generosity of others can truly make a difference. Our supporters really focused on the needs of others, those that are in truly dire circumstances. We are genuinely grateful.

While I can't say that I am sorry to see 2009 close, I can say that I am cautiously optimistic about the prospect of what 2010 will bring. I am confident that we will once again rise to the occasion and help our fellow neighbors. And while the State's economic climate remains uncertain for now, what I am certain of is the commitment of Development Centers to continue our mission of helping those in need live healthier, safer lives.

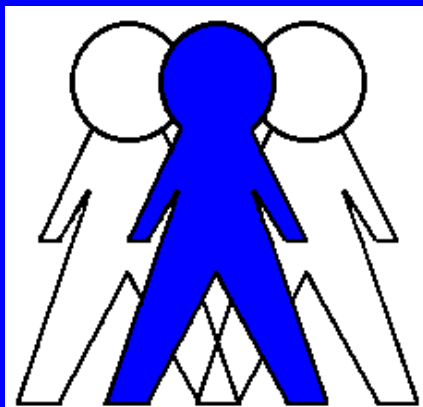
Sincerely,



Robert E. Shaw, Ph.D.
Executive Director

Mission Statement

Development Centers is a non-profit organization committed to improving the lives of individuals, families and the community by meeting behavioral health, social and vocational needs through a continuum of prevention, treatment and training services.



Living the Mission

Since our incorporation in 1983, Development Centers has grown and changed in numerous ways: new staff have joined our team with new skills and fresh ideas, programs and services have changed to reflect different community needs and even our location changed as we needed a larger, more convenient facility to support our growing population. In fact, the only thing that hasn't changed over the past 27 years has been our commitment to live our mission each and every day. To understand what we do as a group of dedicated individuals coming together as Development Centers and why we do it means looking at our work from the consumer's point of view. By living our mission each and every day:

- ◆ Children, adults and families are treated when feeling sad, angry or hopeless
- ◆ Children enter school ready to learn
- ◆ Children live safer, healthier lives free of abuse and neglect
- ◆ School-age children have a caring person to turn to during the school day
- ◆ Daily life for children who are developmentally or physically disabled is made more manageable
- ◆ Parents are empowered to raise healthy, vibrant children
- ◆ Adults receive the employment services necessary to get a job and move their families to independence
- ◆ Homeless adults and families find a safe place to call home

Board of Directors

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Adult Behavioral Health Services

Development Centers Adult Services Division provides many different types of service to enhance the overall functioning of adults and their families.

Services Include

- Individual and group therapy
- Case management
- Vocational readiness
- Support with daily living skills
- Housing procurement
- Dual Diagnosis groups (MI/SA)
- Medication monitoring
- Psychiatric and nursing support
- Health Coordination
- Parenting support
- Hospital diversion
- Assistance with transportation



A new permanent housing initiative sponsored by the Detroit Wayne County Community Mental Health Agency was implemented in order to assist persons with disabilities in their transition to independent living.

Jobs, Education & Training (JET) Program

The Jobs, Education and Training (J.E.T) Program of Development Centers, is a Michigan Works! Affiliate that is a partnership with the local Michigan Department of Human Services. J.E.T. is designed to assist Temporary Assistance for Needy Families (TANF) recipients with employability and training skills. By connecting individuals with the jobs, education, and/or training opportunities within our community, participants gain self sufficiency while meeting the workforce and skill needs of local businesses.

Despite the struggling economy and high unemployment rate, the J.E.T. program worked with 1,688 welfare recipients to move them towards gainful employment and self-sufficiency.



Early Childhood Services

The Early Childhood and Family Services division provides a full range of prevention, early intervention and treatment services for families with young children from pregnancy through age five. Many of our programs are free and open to anyone in the community.

Services Include:

- Home visiting
- Parenting education and support
- Developmental assessment/activities
- Parent-young child therapy
- Parent-child play groups
- Music groups
- Infant massage
- Early literacy activities
- Childcare consultation and training
- Coordination of services

Our new Early Learning Communities program provides child development and health and training for childcare providers and parents through funding from United Way and private foundations.



Child, Family and Wraparound Services

Development Centers is a leader in the area of treating children who exhibit signs of depression, violence, anxiety or those youth that are having difficult functioning in their home, school or community environment.

Services Include:

- Screening for service need
- Assessment for level of functioning
- Individual, family and group therapy
- Psychiatric evaluation
- Medication monitoring
- Case management services
- Home Based Services
- Wraparound
- System of Care coordination
- Fiduciary for “MI Child” Mental Health Services

This year we began facilitating a Parent Training Group for consumers to learn about system advocacy and support through the Association for Children’s Mental Health.



School-Based Services

The School-Based Program is committed to providing youth at select Detroit and Highland Park Public Schools with a continuum of care aimed at addressing barriers to learning. The primary services include prevention and mental health education, early intervention/detection of emotional or behavioral risk factors, provision of treatment to children, adolescents, and their families.

Services Include:

- Screening for service need
- Assessment for level of functioning
- Individual, family, and group therapy and treatment
- Psychiatric evaluation
- Medication monitoring
- Case management services
- Crisis intervention
- Prevention and psycho-social educational services
- Parenting groups
- Presentations to school personnel and the community-at-large



Our School-Based Program participated in the second annual Town Hall Meeting to address the serious problem of underage drinking amongst Detroit youth.

Full Circle Program

The Full Circle program provides services to children, youth, or adults who are Developmentally Disabled (DD) and/or physically disabled. This program was created to be a support system in the needs and care of individuals who are DD and/or physically disabled and in order to make their daily living manageable and also for them to have a sense of independence.

Services Include:

- Supports coordination
- Occupational and Physical Therapy
- Dietary information
- Job support and skill building
- Psychological testing
- Psychiatric evaluation and medication monitoring
- Connects consumers with resources in the community



Evidence-Based Practices

DCI is committed to providing the best practice methods in order to ensure that effective treatment is provided to all consumers that come to our agency. In order to provide these services, DCI has implemented several Evidence-Based Practice programs within the Adult Services and Children and Adolescent Services divisions.

Services Include:

Adult Services

Family Psychoeducation
Assertive Community Treatment (ACT)
Co-Occurring IDDT (Dual Diagnosis Treatment)
Supported Employment
Supportive Housing

Children and Adolescent Services

Parent Management Training Oregon (PMTO)
Adolescent-Family Psychoeducation



This Year's Highlights

- Received our 7th consecutive 3-year CARF accreditation
- Recognized by CARF for exemplary work in our Adult Outpatient and Club-house programs for adults and our Infant Mental Health, Brightstars Early Learning Centers, Youth in Transition and Family Training for Children and adolescents.
- Implemented Way 2 Go Summer Program that provided a character education curriculum to students at select Detroit Public Schools with a focus on youth leadership and peer pressure skills building through funding from the Sojourner Foundation.
- Expanded our hospital liaison services to ensure continuity of care for consumers moving from our inpatient treatment to the community



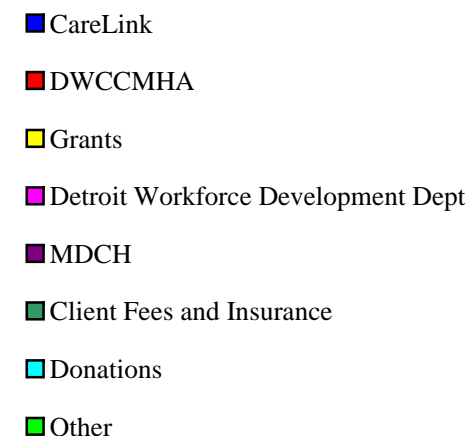
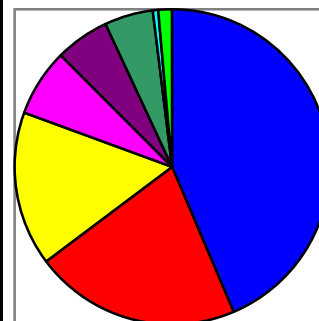
- Hosted NCAA G. Kelser, General Motors staff and Mike Brennen of United Way at the Early Learning Community Open House.
- Expanded our Adult Outpatient classes to include a Dual Recovery Meeting, Smoking Cessation and Trauma and Loss groups.
- Supported the transition of two consumers within our Shelter Plus Care Program into independent living after purchasing their own homes.

2008/2009 Financial Information

Support and Revenue

Amount

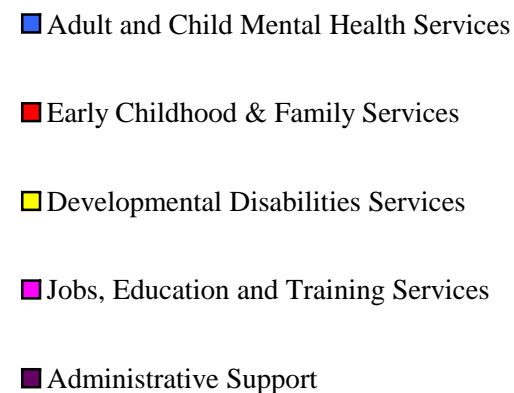
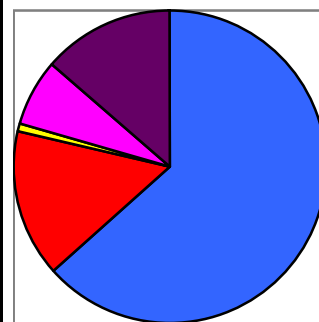
CareLink Network	\$4,798,597
Detroit Wayne County Community Mental Health Agency	\$2,308,235
Grants	\$1,760,865
Detroit Workforce Development Dept.	\$766,567
Michigan Dept. of Community of Health	\$595,152
Client Fees and Insurance	\$562,747
Donations	\$42,733
Other	\$167,200
Total Support and Revenue	\$11,002,096



Expenses

Amount

Adult and Child Mental Health Services	\$6,976,443
Early Childhood & Family Services	\$1,663,068
Development Disabilities Services	\$109,942
Jobs, Education and Training Service	\$768,110
Administrative Support	\$1,484,533
Total Expenses	\$11,002,096



Reserves

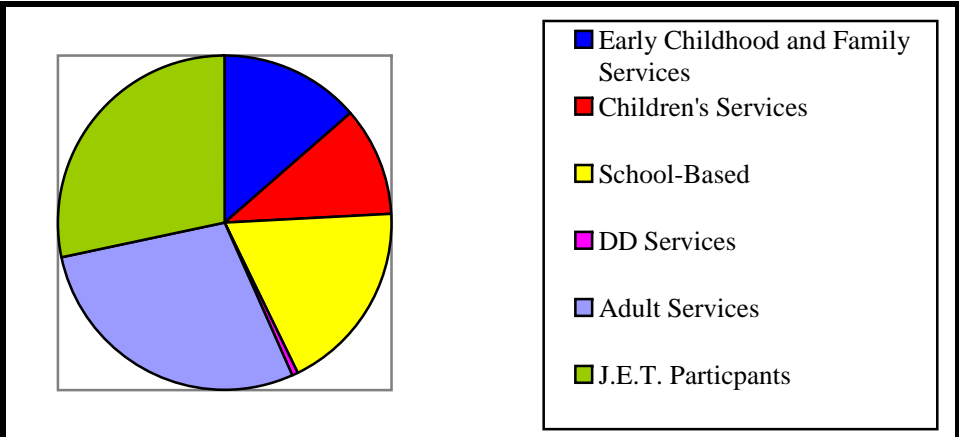
Amount

Net Operating Income (Loss) —

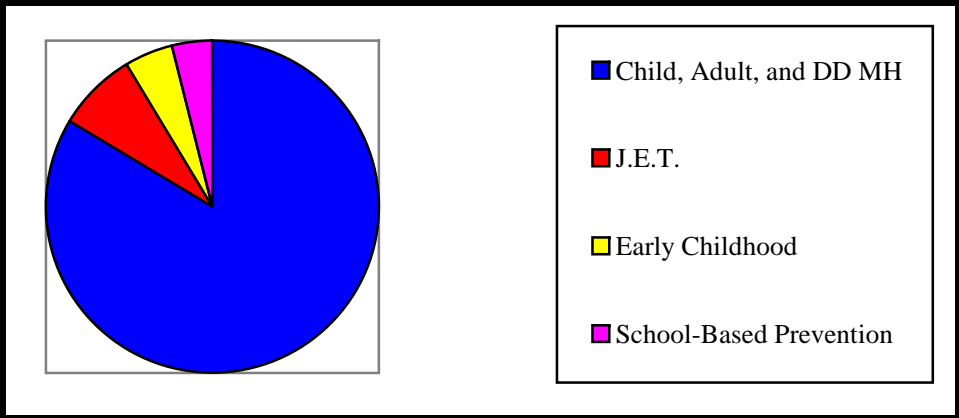
Based on Unaudited Financial Statements

2008/2009 Services Provided

Persons Served	Amount
Early Childhood and Family Services	810
Children's Services	632
School-Based	1,103
DD Services	35
Adult Services	1,690
J.E.T. Participants	1,688
Total	5,958



Services Provided	Amount
Child, Adult, and DD Mental Health	73,545
J.E.T.	6,752
Early Childhood	4,211
School-Based Prevention	3,309
Total	87,817



In addition, there were over 213 participants from 53 child care centers and facilities that received training or services from DCI.

Locations

Development Centers, Inc. Adult Services

24424 W. McNichols Rd
Detroit, MI 48219

Development Centers, Inc. Child and Family Services

17321 Telegraph Rd.
Detroit, MI 48219

Development Centers, Inc. Administration

17421 Telegraph Rd.
Detroit, MI 48219

Also at select Detroit and Highland Park Public Schools



Development Centers, Inc.