

25th Anniversary Report



Development Centers, Inc.
1983 – 2008



Message from the Executive Director

This year marks the 25th Anniversary of Development Centers... 25 years of supporting our local community members with programs and services aimed at improving their lives, keeping them safe and healthy and helping prepare them for successful futures. As the community has evolved over the past 25 years, so has Development Centers and we are proud of our continuous growth and development. When Development Centers was incorporated on January 3, 1983, we had a staff of 24, who, through 4 programs, provided services to 700 consumers. Our annual budget was \$750,000. Today we have a staff of 146, serve over 5,700 consumers annually through 21 programs and have an annual budget of almost \$11 million dollars. Tens of thousands of lives have been touched by our work and we are grateful to have had the opportunity to help so many individuals and families. And while it is fulfilling to look back on our hard work and accomplishments, it is just as important to look forward.

Our work in the community is far from finished. We remain committed to the current generation of adults that are struggling through hard times as well as the next generation that needs a firm foundation upon which to grow. Today's families are faced with difficult and uncertain circumstances and we remain committed to supporting their healthy development through mental health treatment, employment and housing services, support groups and links to primary health care. Likewise, today's infants and children need caregivers with strong parenting skills, a solid educational foundation, resiliency skills to support them through difficult times and an opportunity to grow up in a safe and supportive environment. Our programs and services to prevent child abuse and neglect, provide families with parenting support, prepare children for educational success, treat children with emotional problems and support healthy family development will continue over the next 25 years as we help turn today's children into future educators, business owners, community leaders and parents.

For those of you who have shared in the past 25 years of our history, thank you so much for all you have done to support the growth and integrity of Development Centers and most importantly for what you have done for the individuals and families that come through our doors daily. Your support is greatly appreciated.

Sincerely,

Robert E. Shaw, Ph.D.
Executive Director



Who We Are and What We Do...

Development Centers, Inc. was incorporated in 1983 as the result of a merger between two long-standing agencies, Children's Orthogenic Center and Phoenix Place. As such, we have a combined history of providing behavioral health services to children and adults in Northwest Detroit that extends back to the mid 1940's. At the time of the change in name, Development Centers had a staff of 24 and served 700 consumers annually through its 4 programs.

Over the next 20+ years as the number of persons and families requesting services increased and as the needs of our community changed, Development Centers responded. Today we have a staff of over 145 and provide services to over 5,700 consumers through 21 behavioral health and prevention programs and 2 employment and training programs.

Having outgrown the building that we had been leasing since 1989, Development Centers purchased three new facilities. Renovation began in 2003 and was completed 18 months later. We are now pleased to be able to offer a more spacious and attractive environment for our consumers to visit.

Our Mission

Development Centers is a non-profit organization committed to improving the lives of individuals, families and the community by meeting behavioral health, social and vocational needs through a continuum of prevention, treatment and training services.

Our Vision

Development Centers will be the preeminent organization committed to excellence and the recognized leader in Human Services. We will provide a continuum of diversified services based upon community need, resulting in outstanding and ever improving outcomes.

Our Values

- Respect and compassion for all persons served
- Acknowledge the abilities, strengths, and worth of the individual and his/her family
- Seek out and be responsive to the community need
- Dedication to teamwork, professionalism, ethical conduct, and the prudent use of resources
- Commitment to opportunities regardless of personal barriers

Our Staff

Our work force is composed of Psychiatrists, Psychologist, Social Workers, Advocates, Nurses, Employment and Placement Specialists, and a full array of support staff.

A Year in Review

Although 2008 marked a milestone for Development Centers as we celebrated our 25th Anniversary, programming and service delivery continued on as usual, with the unyielding focus on providing the best possible services to support our community. Specific highlights of the year include:

- Expansion of our Infant Mental Health services allowing more families to be served
- Early Childhood and Family Services staff received the Michigan Association of Infant Mental Health endorsement
- Hosted an Early Childhood Community Event at Vetal School to promote awareness of the importance of early childhood education and family services
- Expansion of youth and parenting groups within our Children's Services
- Hosted two cross training sessions to discuss ways in which various Children's Services staff can work together to support the youth referred through the Juvenile Justice system.
- Development of the Youth in Transition Group, a collaborative effort between Children's Services and Adult Services to facilitate group meetings focusing on becoming a responsible adult for young persons ages 17 – 25
- Received funding for School Based Early Intervention Programs at select Detroit and Highland Park Public Schools to provide improved access to mental health services, prevention, treatment and care for underserved children and families living in Detroit and Highland Park
- Added a Systems of Care Coordinator at Detroit's Peter Vetal School designed to eliminate barriers for children involved in child welfare, juvenile justice, community mental health and public educational systems
- Hosted an Underage Drinking Prevention Town Hall Meeting to discuss and raise awareness about the issue of underage drinking
- Launched "Future Decision Makers" at the Detroit Lions Academy as part of a leadership program to help strengthen leadership skills and better prepare the youth to actively participate in the democratic process
- Placed over 50 adult consumers into paid employment through our Employment Options Program
- Expanded Recovery and Stages of Change group sessions for adult consumers
- Adult Peer Advocates received certification as Peer Specialists
- Participated in Wayne State University research study using motivational interviewing and cognitive behavioral treatment for consumers
- Expanded housing units to reach additional homeless consumers
- Participated in our first MI Fast Review for serving persons with co-occurring disorders
- Expanded Family Psycho-Education programming
- Provided Jobs, Employment and Training Services to 1,579 TANF recipients as we support their move towards employment.



Adult Behavioral Health Services

Development Centers Adult Services Division provides many different types of service to enhance the overall functioning of individuals age 18 and up. Our goal is to help develop and support the adult's participation in family and community living as well as their ability to live a healthy and productive lifestyle. Depending upon need and program specifications, services may be provided in the consumer's home, community or on-site at DCI's northwest Detroit facility.

Specific services include:

- Individual therapy and treatment
- Case management
- Vocational readiness
- Support with daily living skills
- Housing procurement
- Dual diagnosis groups (MI/SA)
- Medication monitoring
- Psychiatric and nursing support
- Health coordination
- Parenting support
- Hospital diversion
- Assistance with transportation

Jobs, Education & Training (JET) Program

The Jobs, Education and Training Program (J.E.T.) of Development Centers, Inc., a Michigan Works! Affiliate, in partnership with the local Michigan Department of Human Services is designed to assist Temporary Assistance for Needy Families (T.A.N.F.) recipients with employability and training skills which will lead to self-sufficiency. By connecting participants with the kind of jobs, education and/or training opportunities within our community, we will help them achieve this objective thereby meeting the workforce and skill needs of local Michigan's businesses. The goal is to assist the participant in finding the resources that they need to overcome obstacles and move up career ladders to self-sustaining, lasting employment. A Michigan Works! Affiliate.



Early Childhood Services

The Early Childhood and Family Services division provides a full range of prevention, early intervention and treatment services for families with young children from pregnancy through age 5. We believe that a child's earliest relationships and care provide the foundation for healthy growth and development. Therefore, we are dedicated to providing services that nurture, strengthen and empower parents and caregivers, promote positive attachment relationships and encourage the development of young children to their highest potential. Many of our programs are free and open to anyone in the community.

Specific services include:

- Home Visiting
- Parenting Education And Support
- Developmental Assessment/Activities
- Parent-Young Child Therapy
- Parent-Child Play Groups
- Music Groups
- Infant Massage
- Early Literacy Activities
- Childcare Consultation and Training
- Coordination of Services
- Access to the entire CareLink and Detroit Wayne County Community Mental Health continuum of care

Child, Family and Wraparound Services

Development Centers has been providing comprehensive behavioral health services to children, adolescents and their families living in northwest Detroit and Redford since 1983. We are a leader in the area on treating children who exhibit signs of depression, violence, anxiety or those youth that are having difficulty functioning in their home, school or community environment.

Specific services include:

- Screening for service need
- Assessment for level of functioning
- Individual, family and group therapy and treatment
- Psychiatric evaluation
- Psychotropic medication and monitoring when medically necessary
- Case management services



School Based Services

The school-based program is committed to providing youth at select Detroit Public and Highland Park Schools with a continuum of care aimed at addressing barriers to learning. Many children and youth have experienced traumatic or stressful events and exhibit behavioral problems in the classroom and at home. Our energetic team of experts who collaborate with our school partners take pride in empowering the youth and family to promote school success. The primary tasks include prevention and mental health education, early intervention/detection of emotional or behavioral risk factors, and provision of treatment to children, adolescents, and their families.

Specific services include:

- Screening for service need
- Assessment for level of functioning
- Individual, family and group therapy and treatment
- Psychiatric evaluation
- Psychotropic medication and monitoring when medically necessary
- Case management services
- Crisis intervention
- Prevention and psycho-social educational services
- Parenting groups
- Presentations to school personnel and community at large

Access to the entire CareLink and Detroit Wayne County Community Mental Health continuum of care

MI Child

"MI-Child" is a medical and mental health insurance program for working parents of uninsured children. To qualify, your child must be a U.S. citizen, under 19-years of age, and have no other insurance coverage. You can apply through your local health department, the Department of Health and Human Services, or by contacting your own health plan. For more information about MI-Child, call 1-888-988-6300. Persons with hearing disabilities can call 1-888-263-5897.

2007/2008 Financial Information

Revenue and Support

| | |
|--------------------------------------------------------|---------------|
| CareLink Network | 6,107,945 |
| Detroit Wayne County Community Mental Health Agency | 1,769,132 |
| Grants | 1,080,990 |
| Detroit Workforce Development Dept. | 715,950 |
| Michigan Dept. of Community Health | 583,546 |
| Client Fees and Insurance | 422,796 |
| Donations | 44,542 |
| Other | <u>22,513</u> |
| TOTAL | 10,747,414 |

Expenses

| | |
|----------------------------------------|------------------|
| Adult and Child Mental Health Services | 7,032,620 |
| Early Childhood & Family Services | 1,575,178 |
| Jobs, Education and Training Services | 715,950 |
| Administrative Support | <u>1,460,822</u> |
| TOTAL | 10,784,570 |

Reserves

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|-----------------------------|----------|
| Net Operating Income (Loss) | (37,156) |
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Based on Unaudited Financial Statements

Persons we served:

| | |
|-------------------------------------|-------|
| Early Childhood and Family Services | 1,501 |
| Children's Services | 635 |
| School Based Services | 351 |
| Adult Services | 1,671 |
| Jobs, Employment and Training | 1,579 |
| TOTAL | 5,737 |

2007/2008 Board of Directors

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|-----------------------------------------|-----------------------|
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